

**Abstract of the Invention**

[019] A cutting device for food products having a handle, a neck portion, and a circular cutting blade. The handle is generally curved relative to its longitudinal axis and includes a top surface with a finger stop, the finger stop engaging a user's index finger during use. The handle length is sized in proportion to a typical user's hand so that a free end of the handle is proximate the user's palm. During use, the user's index finger engages a finger stop and a top surface of the handle. A method of using such a flat food item cutting device is also disclosed.